

Kate Stitham

CONSULTANT ~ SPEAKER ~ EDUCATOR

SPEAKING TOPICS

- Organizational Culture Change
- Psychological Safety
- Conflict Transformation
- Power Dynamics
- Fostering Intercultural Workplaces

BEST-FIT AUDIENCE

- Business + Industry Associations
- Higher Education Institutions + Universities
- Human Resource + L&D Professionals
- Senior Executives + Organizational Leaders
- Educators + Training Professionals

TESTIMONIALS

“Kate does a good job balancing addressing something that is complex, uncomfortable, or foreign to people, and making it tangible and achievable. She breaks ideas down in a way that creates a road map.”

“A skilled facilitator, Kate truly took the time to prepare for the unique individuals in our group, took her cues from them on the day of, and guided conversations with utmost professionalism. ... Perhaps what distinguishes Kate most from other speakers is her level of self-awareness. Highly recommend!”

“Kate has a rare ability to create an inclusive space where individuals from diverse backgrounds and perspectives feel heard, valued, and engaged. She skillfully addresses different viewpoints with professionalism and respect, adapting in the moment to ensure meaningful, productive dialogue.”

SAMPLE WORKSHOPS

Making Change Work: Turning Initiatives into Action

Organizations invest heavily in change initiatives, but why do so many fail? Explore the key barriers to lasting change and build a road map for embedding new behaviors, policies, and cultural shifts into the fabric of your organization.

Bridging the Divide: Navigating Difficult Conversations in Polarized Times

In today's workplace, value differences can lead to division or drive innovation—depending on how they're managed. This session provides practical tools for facilitating conversations across ideological, cultural, and generational differences while maintaining respect, engagement, and collaboration.

Culture By Design: Building Adaptive Workplaces That Thrive in Change

Successful transformation isn't just about policies or initiatives—it's about creating a culture that supports change at every level. This workshop helps leaders identify cultural roadblocks, align strategy with organizational values, and build the conditions necessary for long-term success.

CONTACT INFO

✉ info@integrativeinquiryllc.com

📞 (207) 370-2097

🌐 /katherine-stitham-4b1b2726



ABOUT KATE

Kate (Katherine) Stitham is a consultant, facilitator, and speaker specializing in organizational development, leadership strategy, and change management. She has spent over a decade helping organizations navigate complexity, foster collaborative and inclusive cultures, and implement high-impact change initiatives. Working across the U.S. and internationally, Kate incorporates cutting-edge leadership strategies, educational theory, and organizational psychology principles into her work, ensuring organizations have the tools and frameworks to adapt, collaborate, and sustain initiatives.

A dynamic trainer, Kate leads engaging workshops, retreats, and engagements that blend research-backed methodologies with practical application. She emphasizes the balance between ideas and action, recognizing that meaningful change requires both systems to support it and behaviors to sustain it. Her approach integrates strategic thinking with practical implementation, ensuring organizations align their vision with everyday practice to create lasting impact.